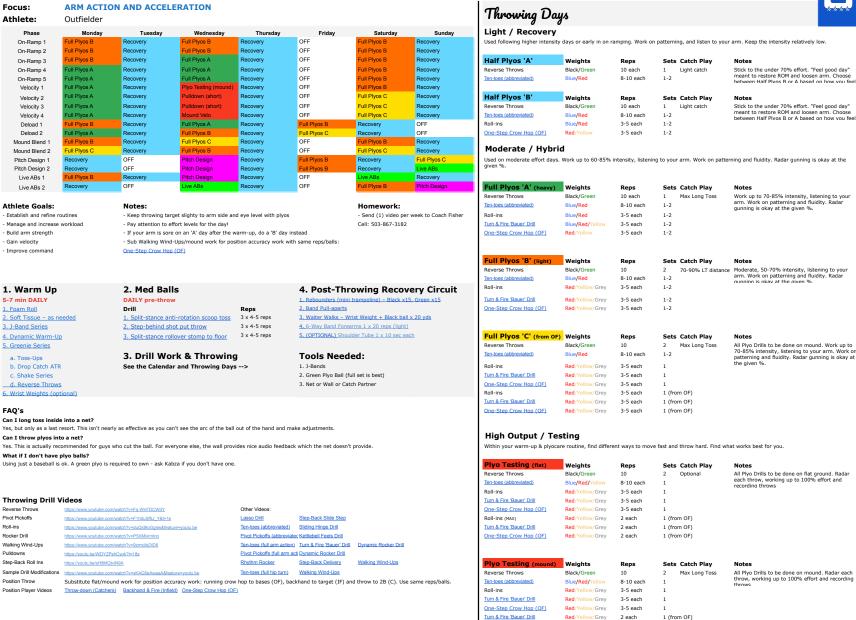
Generals Baseball Throwing Program



One-Step Crow Hop (OF)

Red/Yellow/Grey

2 each

1-2 (from OF)

